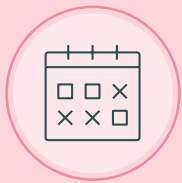


RECOGNIZE THESE PCOS SYMPTOMS?

70%

of women with polycystic ovary syndrome remain undiagnosed

SYMPTOMS INCLUDE:



Irregular or missed periods



Acne and oily skin



Obesity or trouble losing weight



Excessive facial hair



Thinning hair

INCREASED RISK OF:

Infertility
Diabetes
Sleep apnea
High cholesterol

Liver disease
Heart disease
Depression
Difficulty breastfeeding

PCOS IS TREATABLE AND VA CAN HELP

Medications	Weight Management
Infertility Treatment	Hair Removal
Pre-Conception Care	Mental Health Care
Maternity Care & Breastfeeding Support	Heart Disease & Diabetes Prevention

Schedule an appointment to speak with your VA primary care provider if you think you may have PCOS. We will begin by testing you for PCOS through a combination of physical exam, blood tests, and ultrasound.